



5 Day ALDI Meal Plan

Grocery List

Meat:

- 1 3-4 lb. Chuck Roast
- 1 lg bone in ham
- 1 pkg smoked sausage
- 1lb lean hamburger meat
- 1 pkg of pepperoni
- 1 pkg of canadian bacon
- 1 pkg italian sausage
- 5-6 chicken breasts

Produce:

- 1 lb. Carrots, peeled and cut into large chunks
- 1 1/2 lbs. Potatoes, peeled and cut into large chunks
- 1 1/2 pounds fresh green beans (or 4 cans)
- 1 bag of potatoes
- 1 garlic clove
- 2 onion

Dairy:

- 1 bag mozzarella cheese
- 1 bag parmesan cheese

Pantry:

- Beef Broth
- Corn Starch
- Steak Seasoning
- Dried Rosemary
- Dried Thyme
- 1 bag of brown sugar
- 20 oz can pineapple chunks
- Chicken broth
- Rotini Pasta
- 1 Jar Pasta sauce
- BBQ Sauce
- Italian Dressing
- Garlic Salt